

Shnat Hachshara code of conduct

Behavior norms

A fundamental principle of Hashomer Hatzair is respecting all humans- whether they are from a different movement or culture, speak a different language, or are of the other sex. As shomrim*ot we expect from our self's high standards, commitment and responsibility.

- ★ Commitment to the manner and worldview of Hashomer Hatzair.
- ★ Being responsibly and maturely autonomous.
- ★ Willingness and motivation to live with a kvutza and act positively.
- ★ Ability and obligation to intensively study throughout the entire program academically and experientially.
- ★ Willingness to learn to speak Hebrew.
- ★ Viewing participation in the educational center as a way to actualize the vision of Hashomer Hatzair.

Violent or intolerant attitude is not part of the norms of Hashomer Hatzair, therefore there will be no physical or verbal violence in the program.

Respecting others is expressed by respecting their privacy, being quiet, and being attentive to others' needs and requests.

We believe that bogrim*ot of Hashomer Hatzair have the ability of limiting themselves with drinking habits, and therefore are expected to control themselves and act maturely all the time.

Intoxication is strictly prohibited throughout the program; therefore any damage caused as a result of intoxication is not covered by any insurance including health insurance and will lead to disciplinary results. For your information: A participant that will not follow fundamental rules of the program and state laws will be sent home immediately:

- Drug usage
- Physical violence
- Theft
- Damaging property
- Violation of program rules will be treated by the coordinators. The coordinators are the senior authority and will determine the internal rules and norms.

Regulations masa

Rooms

- When receiving a room everyone will sign a form specifying the condition of the room. We do this in order to have a common agreement about the standard of the room so



that we can all follow that the room will be returned in the same condition at the end of the program.

- The rooms will be cleaned and arranged once a week on Thursday afternoon.
- Bed sheets will be sent to laundry regularly – in order to receive clean sheets, the dirty ones must be returned first.
- In case of any problem in the rooms please inform madrichim*ot and day will make sure it will be fixed.

Attendance

- Unless mentioned otherwise in the schedule or by madrichim*othim, all activities are compulsory. In case someone has a problem attending an activity it is this person's responsibility to come talk to them about it in advance.
- Everyone must wake up on time for breakfast and be on time for the rest of the meals. The meals are served for an hour; please do not show up 5 minutes before the end of the meal.

Guests

- Every weekend the group is allowed to have up to 4 guests without payment, any additional guest will have to pay.
- People who want to invite guests should talk about it with madrichim*ot a few days before the weekend.
- Laundry soap will be purchased for you regularly.
- Please use the machines carefully and keep the room clean and organized, don't leave your cloths in the room.

Security Structure

1. At all times there are rules and guidelines concerning safety and security.
1. Hashomer Hatzair World Movement Staff can be contacted 24 hours a day.
1. Hashomer Hatzair World Movement employs a program director and a madrichim*ot who are responsible for the Shnat participants at all times.
1. Shnat participants will get regular Israel and security updates and briefings.
1. On weekends and during chofesh periods, contact details and itineraries for all Shnatties must be submitted to the madrichim*ot of the group, and approved by the program director.

Procedure during the year:

1. Where necessary, changes to the program can/will be made if security demands it, and the changes will be cleared with the Jewish Agency.
1. Restrictions and guidelines are constantly reviewed.



1. Shnatties are always informed about any changes to security provisions.

Incident procedure:

1. Program Director and group madrichim*ot are informed of any incident (via national security system).
2. Shnatties are phoned and located and must respond immediately that they are ok and verify their location.
3. Program Director informs HDSA, HDNZ and Jewish Agency Security Department (if necessary).
4. Parents are texted, e-mailed or phoned by HDSA or HDNZ (even when the Shnat participants have already been in touch with family and/or relatives)
5. Security restrictions are reviewed.
6. madrichim*othim and Program Director remain available to advise Shnatties, movement workers and parents/relatives.

Our commitment to you:

1. Regular updates.
1. If necessary, contact with parents throughout the year.
1. Always available to answer questions
1. Direct and immediate communication in case of any incidents.

Safety and Security Regulations

Following are the current guidelines. If you have any questions or are at ANY time unsure of what is/is not acceptable or safe, please ask one of your staff.

These rules are subject to change at any time.

1. Due to the sensitive security situation in Israel, several places may be determined to be particularly at risk. Travel in these areas is permitted, but only with the staff's prior knowledge and consent, and once permission has been granted by your madrichim*ot in consultation with the program coordinator.
2. Shnat Hachshara participants may not travel in Judea/Samaria (West Bank). Anyone wishing to do so (to visit relatives or friends) must request special permission from their madrichim*ot. If permission is granted, the madrichim*ot will determine the mode of transportation.
3. The Sherover Promenade in Jerusalem (East Talpiot) is off limits outside of an organized Shnat Hachshara activity.
4. Participants are not allowed to travel to any location that is under the control of the Palestinian Authority (Area A)
5. Participants who want to hike should speak with their madrichim*ot to receive permission and updated security regulations (including heat wave/weather restrictions, and to prevent accidental entry of restricted areas, like IDF firing zones). While on an individual tiyul/trip, participants must sleep in a youth hostel, field school, authorized camping ground, or hotel. Participants are not allowed to hike alone, and if they are planning to go on nature hikes, Israelis who know the area must accompany them.
6. No participants are allowed to sleep outdoors, in a camping ground, beach, park or nature reserve unless it is in the framework of a secured, closed event.

7. Where possible, participants should travel in a group or with a friend.
8. You must ONLY visit public entertainment venues (eg. cafes, bars, pubs and restaurants) that are closed and guarded. This means, that the place must be within a enclosed area, and that there is a guard at the entrance. If you are unsure, please ask your assigned madrichim*oth/a.
9. Never get into a taxi that stops at its own initiative. Only take Israeli cabs that you have ordered by phone or flagged down yourself. It is advisable to order cabs in advance. License plates are color-coded: Yellow – Israeli citizens, Green/White –Palestinian Authority, Black – Army, Red–Police, and White–diplomats.
10. You must ONLY visit public entertainment venues (eg. cafes, bars, pubs and restaurants) that are closed and guarded. This means, that the place must be within a enclosed area, and that there is a guard at the entrance. If you are unsure, please ask your assigned madrichim*oth/a.
11. Never get into a taxi that stops at its own initiative. Only take Israeli cabs that you have ordered by phone or flagged down yourself. It is advisable to order cabs in advance. License plates are color-coded: Yellow – Israeli citizens, Green/White –Palestinian Authority, Black –Army, Red–Police, and White–diplomats.
12. When riding in a taxi never sit next to the taxi driver in the front seat unless you are traveling with other people in the cab.
13. Keep away from suspicious objects (chefetz chashud), or military objects. Do not pick them up or touch them. Leave the area immediately. Report to authorities/bus driver immediately. Also, do not leave your own belongings unattended or they will be treated as a chefetz chashud!
14. When in a crowd, be especially alert.
15. Participants who wish to go jogging, should preferably not jog alone.
16. You must always carry your mobile phone, and when travelling the mobile phone must be on and fully charged. In addition you should always carry a list of emergency telephone / mobile phone numbers.
17. It is forbidden to enter a beach, lake or pool (natural or man-made) without a lifeguard on duty.
18. In the event of a security alert/national emergency, participants should contact one of the madrichim*ot or their director immediately to report their location. Follow the directions of security personnel.
19. All rules are subject to change depending on the security situation.

All of the above rules are for your safety. Be alert!

When in a crowd, be especially alert.

Use your common sense!!



Free Week Regulation

Following are the current guidelines. If you have any questions, or are at ANY time unsure of what is/is not acceptable or safe, please ask one of your staff. These rules are subject to change at any time.

- During vacation week, no one is allowed leaving Israel borders.
- Due to the sensitive security situation in Israel, a number of places may be determined to be particularly at risk (for example the occupied territories). Travel in these areas is permitted, but only with the staff's prior knowledge and consent, and once permission has been granted by your madrichim in consultation with the program coordinator.
- Participants cannot enter Area A of the West Bank while on the program.
- Participants who want to hike should speak with their madrichim to receive permission and updated security regulations (including heat wave/weather restrictions, and to prevent accidental entry of restricted areas, like IDF firing zones). While on an individual tiyul/trip, participants must sleep in a youth hostel, field school, authorized camping ground, or hotel. Participants are not allowed to hike alone, and if they are planning to go on nature hikes, Israelis who know the area must accompany them.
- No participant is allowed to sleep outdoors, in a camping ground, beach, park or nature reserve unless it is in the framework of a secured, closed event.
- Where possible, participants should travel in a group or with a friend.
- You must ONLY visit public entertainment venues (eg. cafes, bars, pubs and restaurants) that are closed and guarded. This means, that the place must be within a enclosed area, and that there is a guard at the entrance. If you are unsure, please ask your assigned madrich/a.
- Never get into a taxi that stops at its own initiative. Only take cabs that you have ordered by phone or flagged down yourself. It is advisable to order cabs in advance. License plates are color-coded: Yellow – Israeli citizens, Green/White –Palestinian Authority, Black –Army, Red– Police, and White–diplomats.
- When riding in a taxi never sit next to the taxi driver in the front seat unless you are traveling with other people in the cab.
- When in a crowd, be especially alert.
- Participants who wish to go jogging, should preferably not jog alone.



- You must always carry your mobile phone, and when travelling the mobile phone must be on and fully charged. In addition you should always carry a list of emergency telephone / mobile phone numbers.
 - In order to be covered by the MASA insurance, your parents must sign a form which in it they authorize you entering a lake / a sea.
- It is forbidden to enter a beach, lake or pool (natural or man-made) without a lifeguard on duty.
- When taking part in aquatic activities usual safety precautions should be followed at all times.
 - In the event of a security alert/national emergency, participants should contact one of the madrichim or their director immediately to report their location. Follow the directions of security personnel.
- All rules are subject to change depending on the security situation.
- While being in the outdoors or in public transportation, you are obligated to wear out mouth and nose masks. Not wearing a mask is illegal and can drag a money fine.
- In case of feeling sick from any reason, immediately update the madrichim*ot.

